



# Correctional Behavioral Health Training and Certification Program







This program ensures a candidate's knowledge of national expected practices and guidelines, legal and ethical principles and relevant security regulations.



- Adult Correctional Officers
- Juvenile Justice Professionals
- Allied Behavioral Health Staff
- **Community Corrections Officers**

For more information, email healthcare@aca.org

"The CBHC training has reduced officer assaults from the mentally ill population and given officers other avenues to reduce instances of physical response to disruptive incidents."

> — Telisa White, Chief of Detention, Mecklenburg County Sheriff's Office

"The CBHC Training program has been an important tool to help our correctional officers get the training and subsequent certification they need to properly care for this complex population."

> — Mark Inch, MA, Secretary Florida Department of Corrections



#### **CORRECTIONAL BEHAVIORAL HEALTH TRAINING AND CERTIFICATION CURRICULUM**

#### Module I — Governance and Administration

- a. Managing the mentally ill: corrections administration and healthcare authority perspective
- b. Landmark cases
- c. Grievance mechanism
- d. Mental health staffing
- e. Access to care

# Module 2 — Inmate Care and Treatment

- a. Basics of mental illness
- b. Basic services and levels of care
- c. Basic medications
- d. Multicultural treatment issues
- e. Individualized treatment/services plan
- f. The multidisciplinary service teams and treatment teams
- g. Emergency services
- h. Confidentiality

# Module 3 — Special Needs and Services

- a. Suicide prevention
- b. Self-injurious behaviors
- c. Inpatient and residential care
- d. Substance use and co-occurring mental health disorders
- e. Crisis intervention and de-escalation
- f. Trauma-informed care in corrections
- g. Managing disruptive behaviors
- h. De-escalating aggressive/agitated mentally ill offenders
- i. Disciplinary process with the mentally ill
- j. Inmates in restrictive housing
- k. Mental health needs of female offenders
- I. Cognitive impairment, dementia, and alzheimer's: managment and treatment
- m. Reentry pre-release planning

# Module 4 — Medical and Legal Issues

- a. Informed consent and right to refuse
- b. Involuntary treatment, restraint and seclusion

# Module 5 — Juveniles

- a. Development issues
- b. Juvenile mental health needs
- c. Trauma-informed care in juvenile justice

#### Module 6 — Community Corrections

- a. Probation/parole issues with mentally ill offenders
- b. Court diversion programs for the mentally ill

# **ELIGIBILITY REQUIREMENTS**

# A.Correctional Behavioral Health Certification Correctional Officer (CBHC-CO)

- Adult Correctional Officers OR Juvenile Justice professionals
- Equivalent of one year experience in providing care for inmates/offenders in a specialized unit OR general population for inmates with behavioral health issues
- Minimum 40 hours of behavioral health related training

# **B.Correctional Behavioral Health Certification** Community Corrections Officer (CBHC-CC)

- Community corrections officers
- One year experience coordinating with community-based behavioral/mental health providers in supervision of offenders with behavioral health issues
- Minimum 40 hours of behavioral health related training

# C.Correctional Behavioral Health Certification Behavioral Specialty (CBHC-BS)

- Allied Behavioral Health staff (Nursing, medical support staff)
- Equivalent of two years' accumulated experience providing structured activities, psychoeducational programs, etc.
- At least one year of service in a specialized unit OR general population for inmates with behavioral health issues
- Minimum 40 hours of behavioral health related training

The Train the Trainer program is available for all CBHC certifications including CBHC-CO, CBHC-BS, CBHC-CC, and CBHC-CO JUV.

For more information, please contact ACA's Office of Correctional Health.

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